

May News

Special Events at the Senior Center:

Verona Farm & Fleet and Culvers: Tuesday, May 4th, 2010 at 10:30am, the bus will leave and go shopping at Farm & Fleet and lunch at Culvers. You must bring your own money for lunch and \$3.00 to ride the bus. To make reservation please call the Senior Center at 437-6902 by Wednesday, May 3rd, 2010.

Hearing Check up and Cleaning: Darin Ducklow of "Miracle Ear" will be here on Wednesday May 5th and 19th, 2010, from 9:00-3:00pm. To schedule an appointment you must call (608) 829-3777 or toll free 1-800-472-4327.

A "Mother's Day Party" will be on Friday, May 7th, 2010, at the Senior Center from 1-3pm. Bunco will be played and special dessert will be served. All ladies welcomed! Please make a reservation by May 5th at 437-6902.

Dessert Making: On Tuesday, May 11th, 2010, anyone who is interested in making Norwegian treats. Everyone is welcome to join us at 1:00pm.

Healthy Heart: Mary Wermerskirchen will be speaking about different exercises to keep your hearts pumping and better eating habits to make you feel healthier. She will be here on Wednesday, May 12th, 2010 at 10:00am.

Middleton Blue Spoon Café and Clasens Bakery: Thursday, May 13th, 2010, the bus will leave at 11:00am to go to Blue Spoon for a lunch and Clasens. You must bring your own money for lunch and \$3.00 to ride the bus. To make reservation please call the Senior Center at 437-6902 by Wednesday, May 12th, 2010.

Bingo Day: On Friday, May 14th, 2010, we will be having Bingo at 12:30, with prizes and refreshments. Come and join the fun! (*Sponsored by Comfort Keepers*)

Silvertones: On Monday, May 24th, 2010 at 10:00am. The "Silvertones" a group from Cross Plains and will be singing many familiar tunes.

Free Friday Movie: Join us for "Dear John" on Friday, May 28th, 2010 at 12:30. While on leave, U.S. soldier John Tyree (Channing Tatum) falls for Southern college student Savannah (Amanda Seyfried), whose ideals and heartfelt principles are at once attractive and unfamiliar. But their love is put on hold when terrorist attacks prompt John to reenlist. Now, handwritten letters hold the lovers together. Lasse Hallstrom directs this

modern romance based on the novel by Nicholas Sparks. Popcorn and beverages will be provided.

Senior Center Health Fair on May 21st from 1:00–3:00pm: There will be free health screenings and informational booths which include: The Gonstead Clinic, Energy Fitness Center, Miracle Ear, Integrative Holistic Professionals, Mt. Horeb Health Mart Pharmacy MEDICAP Insurance Counselor and Medical Dynamics. Everyone is welcomed to join us!

MAY IS OLDER AMERICAN MONTH